**GESTALT PRACTITIONERS DIPLOMA**

**A 2-year programme beginning September 2018**

**The Gestalt Approach**

Gestalt practitioners are skilled in

* attending to the interaction with others in the here-and-now,
* noticing patterns that emerge in this interaction,
* considering the whole situation the client brings to the encounter,
* supporting the development of curiosity and exploration,
* encouraging experimenting with difference.

For more details see htpps://www.gestaltbelfast.org/about-gestalt-centre-belfast/about-gestalt/

**Aims of the course:**

The course aims to provide students with the training in Gestalt theory, methodology and practice and to support their skills development so that they can apply the Gestalt framework to their specific professional context. The learning will happen in a group setting and will be largely experiential.

* Year One will focus on Gestalt practice with **individuals**.
* Year Two will focus on Gestalt practice working with **groups**.

**Applicable to:**

People working in contexts including: counselling and psychotherapy, youth and community work, nursing /social work, , coaching, organisational development or consultancy, pastoral work, education, law e.g. victim support, advice and welfare rights, community development, political work, mediation, negotiation…

**Admission criteria:**

* Current membership (and accreditation if applicable) with a recognised professional organisation, that is: an organisation with explicit Ethics Code, Professional Standards and Complaint Procedures. *Applicants who have not yet professionally accredited must show evidence that they could meet the requirements for, and are working towards, accreditation of their relevant professional organisation.*
* Current working context which will provide practice in one-to-one and group settings.
* Personal supervision arrangements (other than line management supervision) in place with a Gestalt trained supervisor from the GCB recommended list
* Access to personal psychotherapeutic support with a Gestalt therapist from the GCB recommended list.
* Current professional indemnity insurance if working independently, or appropriate agency insurance cover.

*Applicants who have not yet accredited must show evidence that they could meet the requirements for accreditation of their relevant professional organisation and are actively working to accredit.*

**Please Note:** The application process includes a **Taster and Selection Day on** **Friday 18 May 2018** to see if the course meets your needs and if you can meet the demands of the course. Email [info@gestaltbelfast.org](mailto:info@gestaltbelfast.org) for an application form **by 31st March 2018.** A more substantial application pack will be sent to those who wish to enrol in the whole programme.

There will also then be an interview with GCB Directors to discuss a contract and make a final decision about your place in the training.

**Faculty:**

Bríd Keenan MA Reg. MBACP(Accred), Joëlle Gartner MSc Reg. MBACP(Accred), Seán Gaffney PhD (lead trainer), Marie Quiery MA MBACP(Senior Accred). Guest faculty will participate in residentials.

**Course cost:**

Taster and Selection Day: £85.

Course fee: £2,050 per year (£4,100 for the whole course).

Accommodation for the 4-day residential is extra and payable directly to Corrymeela (currently £85 per day pps full board).

Deposit £300 will secure a place, payable on acceptance on the course. Non-refundable except if course is cancelled.

**Venue**: Mediation Northern Ireland, 83 University Street, Belfast, BT7 1PH

**To register**

Please contact the Belfast Gestalt Centre, [info@gestaltbelfast.org](mailto:info@gestaltbelfast.org) for details.

Application pack and registration information will be sent on receipt of expression of interest. All applicants will be asked to attend the selection day and will be interviewed prior to being offered a place. **Application by 30th April 2018**.

**Assessment and accreditation:**

By the end of Year 1, students will be able to (assessment objectives):

* conduct a gestalt session of 45-50 minutes with a client, demonstrating appropriate use of gestalt methodology
* write up this session, and show how Gestalt theory has informed their interventions
* give and receive feedback, account for their learning
* at the assessment workshop, conduct a short session with a peer using a gestalt approach, and afterwards self-evaluate, and receive feedback from assessors and peers.

By the end of Year 2, students will be able to (assessment objectives):

* conduct a gestalt group session of 60 minutes with a client group, demonstrating appropriate use of gestalt methodology
* write up this session, and show how Gestalt theory has informed their interventions
* give and receive feedback, account for their learning
* at the assessment workshop, conduct a short session with a group of their peer using a gestalt approach, and afterwards self-evaluate, and receive feedback from assessors and peers.

**Course overview**

**Year One (2018-2019)**

|  |  |  |
| --- | --- | --- |
| **Workshop no.** | **Topic/theme:**  **Gestalt theory, methodology and practice (one-to-one)** | **Dates** |
| 1 | Introductions. Setting the scene. History and roots. | Mon 17-Tue 18 Sept 2018 |
| 2 | The Here and Now focus. Awareness and consciousness. | Mon 15-Tue 16 Oct 2018 |
| 3 | The embodied experience. Phenomenology. Boundary Dynamics 1 | Mon 19-Tue 20 Nov 2018 |
| 4 | Cycle of Experience. Boundary Dynamics 2 | Mon 10-Tue 11 Dec 2018 |
| 5 | Gestalt Psychology. Paradoxical change. | Mon 21-Tue 22 Jan 2019 |
| 6 | Field Theory | Mon 25-Tue 26 Feb 2019 |
| 7 | Field and life-space | Mon 25-Tue 26 Mar 2019 |
| 8 | Review of learning | Mon 15-Tue 16 Apr 2019 |
| 9-10 | Residential (includes guest faculty): applications of Gestalt | Fri 24-Mon 27 May 2019 |
| 11 | Year 1 Assessment | Mon 24-Tue 25 Jun 2019 |

**Year Two (2019-2020)**

|  |  |  |
| --- | --- | --- |
| **Workshop no.** | **Topic/theme:**  **Gestalt theory, methodology and practice (groupwork)** | **Dates** |
| 1 | From individual to group | Mon 16-Tue 17 Sept 2019 |
| 2 | Group process and group dynamics | Mon 14-Tue 15 Oct 2019 |
| 3 | Practising interventions and describing group process | Mon 4-Tue 5 Nov 2019 |
| 4 | Practising interventions and describing group process | Mon 9-Tue 10 Dec 2019 |
| 5 | Working with difference in groups | Mon 20-Tue 21 Jan 2020 |
| 6 | Working with groups in organisations | Mon 17-Tue 18 Feb 2020 |
| 7 | Family of origin and this group | Mon 23-Tue 24 Mar 2020 |
| 8 | Gestalt experiments in groups | Mon 20-Tue 21 Apr 2020 |
| 9-10 | Residential: From group to individual. | Fri 22-Mon 25 May 2020 |
| 11 | Year 2 Assessment | Mon 22-Tue 23 Jun 2020 |

**Total Time**: 290 hours (145 hours tutor-contact-time per year).

**TASTER AND SELECTION DAY 18 MAY 2018**

**APPLICATION**

***PLEASE NOTE: -******Send this completed application with a cheque or banker’s draft for £85. Payment to ’Gestalt Centre Belfast CIC’, address below.***

**Contact Details**

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| --- | --- |
| **Name:** |  |

**(First given name, then Surname)**

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| --- | --- |
| **Date of Birth:** |  |

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| --- | --- |
| **Address including post code:** |  |
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| --- | --- |
| **Work Telephone number:** |  |
| **Home Telephone number:** |  |
| **Mobile Telephone number:** |  |

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| **E-mail address:** |  |

**Currently working as a****……………………………………………………………………......**

**Qualification in that field: …………………………………………………………..…………**

**Number of years of experience post-qualification: ……………………………………..**

**Professional organisation (specify if accredited) ………...………………………………**

**Main theoretical approach with clients: ……………………………………………………**

**Signature:**